True North Helping Hands Winter 2025
Mexico Mission Application and Agreement Form

Section A - Application

Name _____

Address _____ Phone (_____)

City _____State/Province _____Zip/Postal Code

Section B - Agreement

I hereby agree to travel to Baja, Mexico and work with True North Helping Hands on the building project in Mexico from December 25th, 2025 – January 3rd, 2026.

I hereby confirm that I am 18 years old or older, in good health, and I have reviewed the rules and requirements for this trip and agree to abide by them. I understand that the leaders on this trip will set the rules, and I agree to submit to their leadership.

I hereby release, forever discharge, and agree to hold harmless and indemnify the True North Helping Hands Society, its directors, officers, agents, volunteers, other team members, and all persons acting on its behalf from any and all liability, claims, demands, actions or rights of actions, which are related to, arise out of, or are in any way connected with my participation in this activity, which I now have or may have in the future, specifically including but not limited to the negligent acts or omissions of any persons so released, held harmless and indemnified and specifically including claims relating to any personal injury that I may suffer.

_____

Team Member Date

Section C – Medical Information

Health Insurance Company _____ Policy No. _____

Doctor _____Phone No. _____

Dentist _____Phone No. _____

Emergency Contact _____Phone No. _____

Date of last tetanus immunization _____

Allergies, medical conditions, or medications _____

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